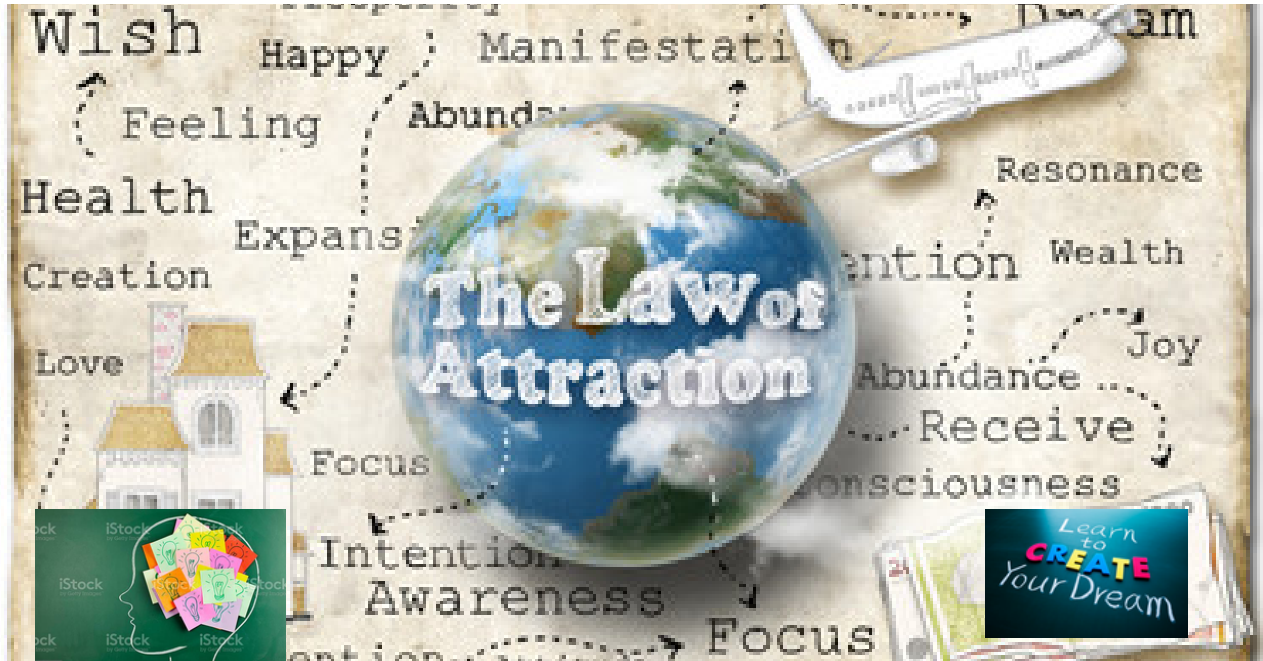


2 Quick Steps  
To Making The Most Of The  
Workshop and Your Life !



BY DOROTHY MAY ROSS

# Vision Workshop



## Vision Workshop

The vision workshop is essential in life it where you start to put into motion what you want to receive in life, whether it's family, love, career, or finances.

The Vision Workshop will allow to visualize what you want and now you can take action toward what you want.

This Vision workshop is about getting your thoughts and attendance from your mind onto a vision board, seeing and realizing it through designing what you see for yourself.

Realizing your dream is the road map to making those dreams come true and life as you see it for yourself and your loved ones.

# Setting Your Intentions For The Workshop



Living intentionally means living your life in line with your fundamental values in pursuit of your "why." Your 'why' is your purpose or your reason for being.

Write Down Your Intentions Daily, Monthly, and Yearly Start by setting some time aside each morning to write down your intentions for the day.

**Focus:** When you say your intention, you have to focus on it and make sure it deeply resonates with you so you can feel its power. It should make you want to jump out of bed and into your day.

Stay centered and refuse to be influenced by other people's doubts or criticisms. Your higher self knows that everything is all right and will be all right, even without knowing the timing or the details of what will happen.



# Setting Your Vision Statement For The Workshop



A vision statement can be used to guide our decision-making and help us stay focused to meet our short and long-term goals.

IKEA: “To create a better everyday life for the many people”

Whole Foods: “To nourish people and the planet.”

Instagram: “Capture and share the world’s moments”

Dorothy May Ross: To inspire and uplift for actions



# VISION WORKSHOP

Giving your dreams life as you transform them onto  
your vision board.

